

I Am the Strength Behind Ataxia

Friends of NAF Personal Profiles

We are in the process of redesigning NAF's current website. We invite you to become a part of NAF's new website. A new section called "I Am The Strength Behind Ataxia" will feature personal profiles from the ataxia community. Below is a listing of information that should be included with your personal profile. Please limit your profile to 250 words. Ataxians, family of ataxians, friends of ataxians, and ataxia medical professionals are encouraged to send in a profile. Please submit your profile for review and consideration to lori@ataxia.org. We welcome your submission. Thank you!

The following is an example of the information we ask you to submit:

Self/Family Picture: (Please provide a photo in JPEG)

Name: Mary Anderson

How are you impacted by ataxia: Diagnosed with SCA 7 at age 23 and have other family members affected by ataxia.

Your actions to Help Ataxia Community and Awareness Efforts: For the past 3 years my family and I have celebrated International Ataxia Awareness Day by conducting an NAF event to raise ataxia awareness in our community and funds to help support the important work of NAF.

Impact of NAF Programs & Support in your life and ataxia community: NAF's local ataxia support group has given my family and me an opportunity to meet other ataxians who share the same issues and challenges. The support group brings in speakers who help address many questions and concerns that my family and I have regarding ataxia. Perhaps even more important, the friendships I have developed through my association with the support group. As a member of NAF, I receive the quarterly news publication "Generations" which informs me of the current ataxia research efforts being conducted throughout the world, along with personal glimpses into the lives of fellow ataxians who share many of the challenges I face.

City, State, and Country: Minneapolis, MN, USA