



**NAF SAN DIEGO ATAXIA SUPPORT GROUP
TO HOLD ITS THIRD 2K "WALK n' ROLL" EVENT**

For Immediate Release

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San Diego, CA (SEPTEMBER, 2009) -- In recognition of International Ataxia Awareness Day, the San Diego Support Group of the National Ataxia Foundation is hosting The Third Annual Charley McLaughlin 2K Walk n' Roll For Ataxia, sponsored in part by Century 21 Award, Farmers Insurance--Clinkenbeard Agency, and Sempra Employee Giving Network. The proceeds will be used to help find treatments and a cure for ataxia. The event will be held on Saturday, September 26, 2009 at Tuna Harbor Park, in the shadow of the USS Midway. Registration runs from 7:00-8:00 a.m., and the Walk n' Roll starts at 8:00 a.m.

Ataxia is an often-fatal degenerative neurological disorder that affects the balance, coordination, and speech of more than 150,000 men, women and children in the United States, including 1,500 here in the San Diego area. As the disease progresses, it also can impact heart, sight, and hearing. Ataxia can strike anyone at any time; children, adolescents and adults are all affected. It has no ethnic, religious or economic boundary. To find out more about ataxia, visit www.ataxia.org.

Juice, granola bars and water will be served during registration for the Walk n' Roll. There is no registration fee; donations will be gladly accepted. All proceeds benefit the National Ataxia Foundation, a nonprofit organization established in 1957 to help families affected by hereditary or sporadic ataxia.

Tuna Harbor Park is next to downtown San Diego's Fish Market (750 North Harbor Drive). Free parking is available at the Fish Market.

The first two Walk n' Rolls were a tremendous success, thanks to our sponsors, volunteers and participants. In what started out to be a local event to raise awareness and a little money for research, the Walk n' Roll turned out to be an event with international recognition that raised over \$20,000 and \$25,000, respectively. You can still see the video of the inaugural Walk n' Roll at <http://www.ataxia.org/> (scroll down the right column). And because of its success, Walk n' Rolls are also being held in Long Beach, Detroit, Central Texas and South Carolina.

For more event information, or to volunteer for the San Diego Walk n' Roll, contact Earl McLaughlin at (619) 447-3753 or sdasg@cox.net