



LIVING WITH ATAXIA PANEL DISCUSSION

Panelists: Ellie Martin, Kyle Bryant, Daniel Gavern

Moderator: Celeste Suart, PhD



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DISCLAIMER



The information speakers provide in any presentation made as part of the 2025 NAF Annual Ataxia Conference is for informational use only.







NAF encourages all attendees to consult with their primary care provider, neurologist, or other healthcare provider about any advice, exercise, therapies, medication, treatment, nutritional supplement, or regimen that may have been mentioned as part of any session.



Products or series mentioned during these sessions do not imply endorsement by NAF.





Our Speakers



Ellie Martin



Kyle Bryant



Daniel Gavern









Living with Ataxia - Resources

Find a neurologist - https://www.ataxia.org/neurologists-and-specialty-clinics/

https://www.ataxia.org/ace/

Find a support group - https://www.ataxia.org/support-groups/

Find daily living resources

https://www.ataxia.org/webinars/

https://www.ataxia.org/marketplace/

https://www.ataxia.org/general-references/

Find local resources

Independent living centers https://www.ilru.org/ Intro to Centers for Independents Living (article by Kory Macy) https://www.ataxia.org/intro-to-centers-for-independent-living/







Living with Ataxia - Resources

Get involved with advocacy, awareness, events, and research

https://www.ataxia.org/advocacy/

https://www.ataxia.org/ways-to-give/

https://www.ataxia.org/events/

https://www.ataxia.org/help-develop-new-treatments/

Find crisis help - https://988lifeline.org/talk-to-someone-now/

Day Undefined - https://dayundefined.com/

